



Pool Schedule: 07/11/2025-07/18/2025

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Pool Legend
6:00-7:00 AM Lap Swim (4L) Masters (2L)	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim (4L) Masters (2L)	6:00-7:00 AM Lap Swim	6:00-7:00 AM Lap Swim (4L) Masters (2L)			Yellow- Lap Swim
7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim	7:00-8:00 AM Lap Swim		
8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:50 AM Lap Swim	8:00-8:45 AM Lap Swim	8:00-8:45 AM Lap Swim	
9:00-10:00 AM Silver Splash	9:00-10:00 AM Water Funk	9:00-10:00 Aqua Zumba	9:00-10:00 AM Water Funk	9:00-10:00 AM Silver Splash	9:00-10:00 AM Aqua Flex	9:00-10:00 AM Lap Swim	Blue- Aquatic Exercise
10:00-11:00 AM Lap Swim	10:00-11:00 AM Water Funk	10:00-11:00 AM Lap Swim	10:00-11:00 AM Water Funk	10:00 AM-1:00 PM Summer Camp	10:00 AM-1:00 PM Group Lessons (4L) Lifeguard Class (2L)	10:00 AM-1:00 PM Group Lessons (4L) Lifeguard Class (2L)	Orange- Open Swim is open to all that have a membership
11:00-12:00 PM Lap Swim	11:00 AM-12:00 PM Lap Swim (4L) Group Lessons (2L)	11:00-12:00 PM Lap Swim	11:00-12:00 Lap Swim (4L) Group Lessons (2L)				
12:00-3:00 PM Summer Camp	12:00-3:00 PM Summer Camp	12:00-2:00 PM Summer Camp Swim Lessons	12:00-2:00 PM Summer Camp Swim Lessons	1:00-2:00 PM Lap Swim	1:00-4:45 PM Lap Swim (2L) Open Swim (2L) Lifeguard Class (2L)	1:00-4:45 PM Lap Swim (2L) Open Swim (2L) Lifeguard Class (2L)	Red- Private Lessons
3:00 - 4:00 PM Lap Swim (4L) Open Swim (2L)	3:00 - 4:00 PM Lap Swim (4L) Open Swim (2L)	2:00 - 4:00 PM Lap Swim (4L) Open Swim (2L)	2:00 - 4:00 PM Lap Swim (4L) Open Swim (2L)	2:00-3:00 PM Lap Swim			
4:00-5:00 PM Group Lessons	4:00-5:00 PM Group Lessons	4:00-5:00 PM Group Lessons	4:00-5:00 PM Group Lessons	3:00 - 5:00 PM Lap Swim (4L) Open Swim (2L)			
5:00-6:00 PM Group Lessons	5:00-6:00 PM Group Lessons	5:00-6:00 PM Group Lessons	5:00-6:00 PM Group Lessons	5:00-6:00 PM Lifeguard Class			
6:00-7:00 PM Swim Team (6L)	6:00-7:00 PM Deep Water Conditioning (4L) Swim Team (2L)	6:00-7:00 PM Swim Team (6L)	6:00-7:00 PM Deep Water Conditioning (4L) Swim Team (2L)	6:00-7:00 PM Swim Team (5L)			NOTE: Private Lessons may happen during lap Swim. are required when in the pool.
7:00-8:00 PM Group Lessons (1L) Swim Team (5L)	7:00-8:00 PM Group Lessons (1L) Swim Team (5L)	7:00-8:00 PM Group Lessons (1L) Swim Team (5L)	7:00-8:00 PM Group Lessons (1L) Swim Team (5L)	7:00-8:00 PM Swim Team (5L)			
8:00-9:00 PM Swim Team (4L) Lap Swim (1L)	8:00-9:00 PM Swim Team (4L) Lap Swim (1L)	8:00-9:00 PM Swim Team (4L) Lap Swim (1L)	8:00-9:00 PM Swim Team (4L) Lap Swim (1L)	8:00-9:00 PM Swim Team (4L) Lap Swim (1L)			
							Green- Sailfish Swim Team
						Updated: 07/11/2025	